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Abstract A semilinear wave equation with slowly varying wave speed is considered in one to three space dimensions on a bounded interval, a rectangle or a box, respectively. It is shown that the action, which is the harmonic energy divided by the wave speed and multiplied with the diameter of the spatial domain, is an adiabatic invariant: it remains nearly conserved over long times, longer than any fixed power of the time scale of changes in the wave speed in the case of one space dimension, and longer than can be attained by standard perturbation arguments in the two- and three-dimensional cases. The long-time near-conservation of the action yields long-time existence of the solution. The proofs use modulated Fourier expansions in time.

Keywords Semilinear wave equation · Adiabatic invariant · Long-time existence · Modulated Fourier expansion

Mathematics Subject Classification (2000) 35L70 · 37K40 · 35A01 · 70H11

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1 Introduction

We consider semilinear wave equations $\partial_t^2 u = c(\varepsilon t)^2 \Delta u + g(u)$ on a bounded spatial interval, a rectangle or a rectangular box of diameter ℓ with Dirichlet boundary conditions, with a nonlinearity $g(u)$ that is cubic at $u = 0$ and with small initial data. The wave speed c is slowly varying as $c(\varepsilon t)$ with a small parameter $0 < \varepsilon \ll 1$. We show long-time near-conservation of the harmonic energy divided by the wave speed. Multiplied with the diameter ℓ , this almost-conserved quantity is invariant under rescaling the spatial domain and has the physical dimension of an action,

$$I = \frac{\ell}{2c} (\|\partial_t u\|_{L_2}^2 + c^2 \|\nabla_x u\|_{L_2}^2).$$

This adiabatic invariant dominates the square of the $H_0^1 \times L_2$ norm of the solution $(u, \partial_t u)$ and therefore yields long-time existence of the solution in $H_0^1 \times L_2$.

We here encounter a situation with

- a time-dependent principal operator $c(\varepsilon t)^2 \Delta$ where c can vary in any given bounded interval that is bounded away from 0,
- no conserved energy,
- fully resonant frequencies $j\pi c/\ell$ for $j = 1, 2, 3, \dots$ in the one-dimensional case,
- an impenetrable thicket of resonances, almost-resonances and non-resonances among the frequencies in higher dimensions.

On the one hand, our results are related to the recent literature on the long-time behaviour of nonlinear wave equations on bounded domains [1, 2, 4–12, 14], but differ from those papers by the characteristics listed above.

On the other hand, our results can be viewed as an extension to a class of nonlinear wave equations of the classical adiabatic theorem, which states that a harmonic oscillator with a slowly varying frequency has the action (i.e., energy divided by the frequency) as an almost-conserved quantity over long times; see [17].

The tool for proving the results is a modulated Fourier expansion in time (MFE), which has previously been used in the long-term analysis of nonlinear wave equations in [7, 14]; see also [15] for a review of MFE. The version of MFE used here is that for varying frequencies, which was developed in [16, 18].

In Section 2 we give the precise formulation of the problem and state our main results. We obtain near-conservation of the action over times $t \leq \varepsilon^{-N}$ for arbitrary $N \geq 1$ in the one-dimensional case, and over times $t \leq C_N \varepsilon^{-3+1/N}$ for arbitrary $N \geq 1$ in the two- and three-dimensional cases. The proof of the result for the one-dimensional wave equation is given in Sections 3 and 4, that for two and three space dimensions in Sections 5 and 6.

2 Problem formulation and statement of the main results

We consider the non-autonomous semilinear wave equation on a d -dimensional rectangular domain $Q = \prod_{i=1}^d (0, \ell_i)$, for $d \leq 3$, with homogeneous Dirichlet boundary conditions: for $u = u(x, t)$ with $u = 0$ on $\partial Q \times [0, T]$,

$$\partial_t^2 u = c(\varepsilon t)^2 \Delta u + g(u, \varepsilon t), \quad x \in Q, \quad t \geq 0, \quad (2.1)$$

with a small parameter $0 < \varepsilon \ll 1$. The wave speed $c(\tau)$ is assumed to be a smooth function of τ such that c and all its derivatives are bounded for $\tau \geq 0$, and $c(\tau) \geq c_0 > 0$. We consider this equation with small initial data satisfying

$$\|\nabla_x u(\cdot, 0)\| = \mathcal{O}(\varepsilon), \quad \|\partial_t u(\cdot, 0)\| = \mathcal{O}(\varepsilon), \quad (2.2)$$

where $\|\cdot\|$ denotes the $L_2(Q)^d$ or $L_2(Q)$ norm. For the nonlinearity we assume that it admits an expansion

$$g(u, \tau) = \sum_{m \geq 1} a_m(\tau) u^{2m+1}$$

such that the series and all its partial derivatives with respect to τ converge uniformly in τ for $|u| \leq r$ with $r > 0$ independent of ε . For ease of presentation, we restrict our analysis to the case

$$g(u, \tau) = a(\tau) u^3$$

with a smooth coefficient function a that is bounded for $\tau \geq 0$, as are all its derivatives. This particular nonlinearity shows all the difficulties present in the more general case.

We will show the following long-time existence results, which rely on the near-conservation of the harmonic energy divided by the wave speed,

$$I(t) = \frac{1}{2c(\varepsilon t)} \left(\|\partial_t u(\cdot, t)\|^2 + c(\varepsilon t)^2 \|\nabla_x u(\cdot, t)\|^2 \right). \quad (2.3)$$

Note that for initial values satisfying (2.2), $I(0) = \mathcal{O}(\varepsilon^2)$.

Theorem 2.1 (One-dimensional case) *Consider the one-dimensional nonlinear wave equation (2.1) with slowly time-dependent wave speed, with homogeneous Dirichlet boundary conditions and initial values satisfying (2.2). Fix the integer $N \geq 1$ arbitrarily. Under the above conditions, there exists $\varepsilon_N > 0$ such that for $\varepsilon \leq \varepsilon_N$, the problem admits a solution $(u(\cdot, t), \partial_t u(\cdot, t)) \in H_0^1(Q) \times L_2(Q)$ over long times $t \leq \varepsilon^{-N}$, and I is an adiabatic invariant:*

$$|I(t) - I(0)| \leq C_N \varepsilon^3 \quad \text{for } t \leq \varepsilon^{-N},$$

with C_N independent of $\varepsilon \leq \varepsilon_N$ and $t \leq \varepsilon^{-N}$.

Theorem 2.2 (Two- and three-dimensional case) *Consider the two- or three-dimensional nonlinear wave equation (2.1) with slowly time-dependent wave speed, with homogeneous Dirichlet boundary conditions and initial values satisfying (2.2). Fix $N \geq 1$ arbitrarily. Under the above conditions, there exist $\varepsilon_N > 0$ and $\kappa_N > 0$ such that for $\varepsilon \leq \varepsilon_N$, the problem admits a solution $(u(\cdot, t), \partial_t u(\cdot, t)) \in H_0^1(Q) \times L_2(Q)$ over times $t \leq \kappa_N \varepsilon^{-3+1/N}$, and I is an adiabatic invariant:*

$$|I(t) - I(0)| \leq C_N \varepsilon^3 + C'_N t \varepsilon^{5-1/N} \quad \text{for } t \leq \kappa_N \varepsilon^{-3+1/N},$$

with C_N, C'_N independent of $\varepsilon \leq \varepsilon_N$ and $t \leq \kappa_N \varepsilon^{-3+1/N}$.

The bound of Theorem 2.2 is uniform for all rectangular domains for which $0 < \ell_{\min} \leq \ell_i \leq \ell_{\max}$. No assumptions on resonances or non-resonances among the frequencies are made. It is the presence of almost-resonances among countably many frequencies that prevents us from covering longer time scales, in contrast to the situation of finitely many frequencies in ordinary differential equations where almost-resonances can be dealt with over much longer time scales; cf. [3, 13].

Part I: Proof of Theorem 2.1

3 Modulated Fourier expansion for the short-time solution approximation

3.1 Statement of result

We consider the one-dimensional case where, without loss of generality, the interval is taken as $(0, \pi)$. In the course of this section we will prove the following result.

Theorem 3.1 *In the situation of Theorem 2.1, the solution $u(x, t)$ of (2.1) admits a modulated Fourier expansion*

$$u(x, t) = i \sum_{j \in \mathbb{Z}} \sum_{k \in \mathbb{Z}} z_j^k(\varepsilon t) e^{ik\phi(\varepsilon t)/\varepsilon} e^{ijx} + r(x, t), \quad 0 \leq t \leq \varepsilon^{-1}, \quad (3.1)$$

where the phase function $\phi(\tau)$ satisfies $\frac{d\phi}{d\tau}(\tau) = c(\tau)$ and the modulation functions $z_j^k(\tau)$ satisfy $z_j^{-k} = \overline{z_j^k} = -\overline{z_{-j}^k}$ and are bounded for $0 \leq \tau \leq 1$, together with any fixed number of derivatives with respect to τ , by

$$\left(\sum_{j \in \mathbb{Z}} j^2 (|z_j^j(\tau)| + |z_j^{-j}(\tau)|)^2 \right)^{1/2} \leq C_1 \varepsilon$$

$$\left(\sum_{j \in \mathbb{Z}} \left(\sum_{k \in \mathbb{Z}} |j^2 - k^2| |z_j^k(\tau)| \right)^2 \right)^{1/2} \leq C_2 \varepsilon^3.$$

The remainder term is bounded by

$$\|r(\cdot, t)\|_{H_0^1} + \|\partial_t r(\cdot, t)\|_{L_2} \leq C_3(1+t)\varepsilon^{N+2}, \quad 0 \leq t \leq \varepsilon^{-1}. \quad (3.2)$$

The constants C_1, C_2, C_3 are independent of ε , but depend on N , on the bound (2.2) of the initial values and on bounds of $c(\tau)$ and $a(\tau)$ and their derivatives.

3.2 Spatial Fourier expansion

We extend the initial values $u(x, 0)$ and $\partial_t u(x, 0)$ to odd functions on the interval $[-\pi, \pi]$. Since all terms in (2.1) are odd powers of u , the solution of the equation remains an odd function for all t . We consider the Fourier series

$$u(x, t) = i \sum_{j \in \mathbb{Z}} u_j(t) e^{ijx}$$

with real u_j , and $u_{-j} = -u_j$. In particular, $u_0 = 0$. The assumptions on the initial conditions become

$$\sum_{j \in \mathbb{Z}} j^2 |u_j(0)|^2 = \mathcal{O}(\varepsilon^2), \quad \sum_{j \in \mathbb{Z}} \left| \frac{d}{dt} u_j(0) \right|^2 = \mathcal{O}(\varepsilon^2). \quad (3.3)$$

The system of differential equations for the Fourier coefficients is given by

$$\frac{d^2 u_j}{dt^2} = -c(\varepsilon t)^2 j^2 u_j - a(\varepsilon t) \sum_{j_1 + j_2 + j_3 = j} u_{j_1} u_{j_2} u_{j_3}, \quad (3.4)$$

where the sum is over all (j_1, j_2, j_3) satisfying $j_1 + j_2 + j_3 = j$.

3.3 Formal modulated Fourier expansion (MFE) in time

For the Fourier coefficients of $u(x, t)$ we consider the MFE

$$u_j(t) \approx \sum_{k \in \mathbb{Z}} z_j^k(\varepsilon t) e^{ik\phi(\varepsilon t)/\varepsilon}, \quad (3.5)$$

where the coefficient functions z_j^k and the phase function ϕ are yet to be determined. We introduce the slow time $\tau = \varepsilon t$, and denote differentiation with respect to τ by a dot. We insert the ansatz (3.5) into (3.4), and compare the coefficients of $e^{ik\phi(\tau)/\varepsilon}$. The coefficient of $e^{ik\phi(\tau)/\varepsilon}$ in $\frac{d^2}{dt^2} u_j(t) = \varepsilon^2 \frac{d^2}{d\tau^2} u_j(\tau/\varepsilon)$ is given by

$$\varepsilon^2 \ddot{z}_j^k + 2ik\varepsilon \dot{\phi} \dot{z}_j^k + (ik\varepsilon \ddot{\phi} - k^2 \dot{\phi}^2) z_j^k.$$

Consequently, the functions $z_j^k(\tau)$ have to satisfy the system ($j, k \in \mathbb{Z}$)

$$\begin{aligned} \varepsilon^2 \ddot{z}_j^k + 2ik\varepsilon \dot{\phi} \dot{z}_j^k + (ik\varepsilon \ddot{\phi} - k^2 \dot{\phi}^2) z_j^k + j^2 \varepsilon^2 z_j^k \\ = -a \sum_{j_1 + j_2 + j_3 = j} \sum_{k_1 + k_2 + k_3 = k} z_{j_1}^{k_1} z_{j_2}^{k_2} z_{j_3}^{k_3}. \end{aligned} \quad (3.6)$$

By assumption (3.3) all z_j^k will be bounded by $\mathcal{O}(\varepsilon)$. The dominant term for $|k| = |j|$ (obtained by neglecting the cubic expression in z and by putting $\varepsilon = 0$) thus motivates the definition of the phase function $\phi(\tau)$ by

$$\dot{\phi}(\tau) = c(\tau), \quad \phi(0) = 0. \quad (3.7)$$

The initial conditions yield

$$u_j(0) = \sum_{k \in \mathbb{Z}} z_j^k(0), \quad \frac{d}{dt} u_j(0) = \sum_{k \in \mathbb{Z}} \left(ikc(0) z_j^k(0) + \varepsilon \dot{z}_j^k(0) \right).$$

3.4 Construction of the coefficient functions for the MFE

We aim at constructing an approximate solution for the system (3.6) having a small defect. For this we make an ansatz as a truncated series in powers of ε ,

$$z_j^k(\tau) = \sum_{l=1}^{N+1} \varepsilon^l z_{j,l}^k(\tau), \quad (3.8)$$

and we use the convention that $z_{j,l}^k(\tau) \equiv 0$ for $l \leq 0$. Inserting (3.8) into (3.6), comparing like powers of ε and using (3.7) yields

$$\ddot{z}_{j,l-2}^k + 2ikc\dot{z}_{j,l-1}^k + ik\dot{c}z_{j,l-1}^k + (j^2 - k^2)c^2 z_{j,l}^k = g_{j,l}^k(\mathbf{Z}) \quad (3.9)$$

where for $\mathbf{Z} = (\mathbf{z}_1, \dots, \mathbf{z}_{l-2})$ with $\mathbf{z}_i = (z_{j,i}^k)$

$$g_{j,l}^k(\mathbf{Z}) = -a \sum_{l_1+l_2+l_3=l} \sum_{j_1+j_2+j_3=j} \sum_{k_1+k_2+k_3=k} z_{j_1,l_1}^{k_1} z_{j_2,l_2}^{k_2} z_{j_3,l_3}^{k_3}. \quad (3.10)$$

For $k \neq \pm j$, the equation (3.9) represents an algebraic relation for $z_{j,l}^k$, and for $k = \pm j$ a first order linear differential equation for $z_{j,l-1}^k$. Initial values for this differential equation are obtained from

$$\frac{1}{\varepsilon} u_j(0) = \sum_{k \in \mathbb{Z}} z_{j,1}^k(0), \quad \frac{1}{\varepsilon} \frac{d}{dt} u_j(0) = \sum_{k \in \mathbb{Z}} \left(ikc(0) z_{j,1}^k(0) \right) \quad (3.11)$$

$$0 = \sum_{k \in \mathbb{Z}} z_{j,l}^k(0), \quad 0 = \sum_{k \in \mathbb{Z}} \left(ikc(0) z_{j,l}^k(0) + \dot{z}_{j,l-1}^k(0) \right), \quad l \geq 2. \quad (3.12)$$

The construction of the coefficient functions is done iteratively with increasing l . Assume that the functions $z_{j,l-2}^k$ and $z_{j,l-1}^k$ are already known for all j and all k . This is true for $l = 1$. Equation (3.9) then yields $z_{j,l}^k$ for $k \neq \pm j$. The two relations of (3.11)–(3.12) are then a linear system for $z_{j,l}^j(0)$ and $z_{j,l}^{-j}(0)$ (note that the case $j = 0$ need not be considered, because $u_0(t) = 0$). With these initial values the two differential equations (3.9) for $k = j$ and $k = -j$, and l replaced by $l + 1$, finally give the remaining functions $z_{j,l}^{\pm j}$.

With this construction, $z_j^k(\tau)$ of (3.8) satisfies at $\tau = 0$

$$\sum_{k \in \mathbb{Z}} z_j^k(0) - u_j(0) = 0 \quad (3.13)$$

$$\sum_{k \in \mathbb{Z}} \left(ikc(0)z_j^k(0) + \varepsilon z_j^k(0) \right) - \frac{d}{dt}u_j(0) = \varepsilon^{N+2} \sum_{k \in \mathbb{Z}} z_{j,N+1}^k(0). \quad (3.14)$$

3.5 Bounds for the coefficient functions of the MFE

Infinite sums are involved in the coupling term $g_{j,l}^k(\mathbf{Z})$ of the system (3.9). For a rigorous analysis we have to investigate their convergence.

To bound the coefficient functions we consider for $\mathbf{z}_l = (z_{j,l}^k)_{j,k \in \mathbb{Z}}$ the norm

$$\|\mathbf{z}_l\|^2 = \sum_{j \in \mathbb{Z}^*} \left(j^2 (|z_{j,l}^j| + |z_{j,l}^{-j}|)^2 + \left(\sum_{k \in \mathbb{Z}} |j^2 - k^2| |z_{j,l}^k| \right)^2 \right), \quad (3.15)$$

where we use the notation $\mathbb{Z}^* = \mathbb{Z} \setminus \{0\}$.

Lemma 3.1 *Let $\mathbf{Z} = (\mathbf{z}_1, \dots, \mathbf{z}_{l-2})$ with $\mathbf{z}_i = (z_{j,i}^k)_{j,k \in \mathbb{Z}}$ and assume that*

$$\|\mathbf{z}_i\| \leq B \quad \text{for } i = 1, \dots, l-2.$$

For the expression $g_{j,l}^k(\mathbf{Z})$ of (3.10) there then exists a constant C such that

$$\left(\sum_{j \in \mathbb{Z}^*} \left(\sum_{k \in \mathbb{Z}} |g_{j,l}^k(\mathbf{Z})| \right)^2 \right)^{1/2} \leq CB^3.$$

Proof We have

$$\begin{aligned} & \sum_{j \in \mathbb{Z}^*} \sum_{k \in \mathbb{Z}} |g_{j,l}^k(\mathbf{Z})| \\ & \leq |a| \sum_{l_1+l_2+l_3=l} \left(\sum_{j_1 \in \mathbb{Z}^*, k_1 \in \mathbb{Z}} |z_{j_1, l_1}^{k_1}| \right) \left(\sum_{j_2 \in \mathbb{Z}^*, k_2 \in \mathbb{Z}} |z_{j_2, l_2}^{k_2}| \right) \left(\sum_{j_3 \in \mathbb{Z}^*, k_3 \in \mathbb{Z}} |z_{j_3, l_3}^{k_3}| \right). \end{aligned}$$

Note that the sum over (l_1, l_2, l_3) is finite. The Cauchy–Schwarz inequality and the inequality $|j| \leq |j^2 - k^2|$ for $|k| \neq |j|$ yield

$$\begin{aligned} \sum_{j \in \mathbb{Z}^*} \sum_{k \in \mathbb{Z}} |z_{j,l}^k| &= \sum_{j \in \mathbb{Z}^*} |j|^{-1} \cdot \sum_{k \in \mathbb{Z}} |j| |z_{j,l}^k| \\ &\leq \left(\sum_{j \in \mathbb{Z}^*} j^{-2} \right)^{1/2} \left(\sum_{j \in \mathbb{Z}^*} \left(\sum_{k \in \mathbb{Z}} |j| |z_{j,l}^k| \right)^2 \right)^{1/2} \leq c \|\mathbf{z}_l\|. \end{aligned}$$

The statement now follows, since the ℓ^2 norm is bounded by the ℓ^1 norm. \square

Lemma 3.2 *The coefficient functions $\mathbf{z}_l(\tau) = (z_{j,l}^k(\tau))$, constructed in Section 3.4, are bounded in the norm (3.15): there exist constants C_l such that*

$$\|\mathbf{z}_l(\tau)\| \leq C_l \quad \text{for } 0 \leq \tau \leq 1.$$

Bounds of the same type hold for any fixed number of derivatives of $\mathbf{z}_l(\tau)$.

Proof Assume that $\mathbf{z}_\lambda(\tau)$ and its derivatives up to order $N + 1$ are bounded on the interval $0 \leq \tau \leq 1$ in the $\|\cdot\|$ -norm for $\lambda \leq l - 1$. This is true for $l = 1$, because $\mathbf{z}_\lambda(\tau) \equiv 0$ for $\lambda \leq 0$.

a) For $|k| \neq |j|$ it follows from (3.9) that

$$|j^2 - k^2| \cdot |z_{j,l}^k| \leq C \left(|k| \cdot |z_{j,l-1}^k| + |k| \cdot |\dot{z}_{j,l-1}^k| + |\ddot{z}_{j,l-2}^k| + |g_{j,l}^k(\mathbf{Z})| \right).$$

Using $|k| \leq |j^2 - k^2|$, the triangle inequality for the Euclidean norm, and Lemma 3.1, the boundedness assumption on $\mathbf{z}_{j,\lambda}^k$ and on its derivatives (for $\lambda \leq l - 1$) implies that

$$\sum_{j \in \mathbb{Z}^*} \left(\sum_{k \in \mathbb{Z}} |j^2 - k^2| |z_{j,l}^k| \right)^2 \leq C. \quad (3.16)$$

b) Solving the linear system (3.11)–(3.12) for $z_{j,l}^j(0)$ and $z_{j,l}^{-j}(0)$ yields

$$2ijc(0)z_{j,l}^{\pm j}(0) = b_{j,l}^{\pm j} - \sum_{|j| \neq |k|} i(k \pm j)c(0)z_{j,l}^k(0) + \sum_{j,k} \dot{z}_{j,l-1}^k(0),$$

where $b_{j,l}^{\pm j} = (du_j/dt(0) \pm iju_j(0))/\varepsilon$ for $l = 1$, and $b_{j,l}^{\pm j} = 0$ for $l \geq 2$. Using $|k \pm j| \leq |j^2 - k^2|$, the assumption on the initial values, the estimate of part (a) for $z_{j,l}^k(0)$, and the boundedness of $\|\dot{\mathbf{z}}_{l-1}(0)\|$, we obtain

$$\sum_{j \in \mathbb{Z}^*} j^2 (|z_{j,l}^j(0)| + |z_{j,l}^{-j}(0)|)^2 \leq C. \quad (3.17)$$

c) For $k = \pm j$, equation (3.9), with l augmented by 1, yields the differential equation for $z_{j,l}^{\pm j}$

$$\pm 2ijc\dot{z}_{j,l}^{\pm j} \pm ij\dot{c}z_{j,l}^{\pm j} = -\dot{z}_{j,l-1}^{\pm j} + g_{j,l+1}^{\pm j}(\mathbf{Z}, \tau).$$

By the variation of constants formula we obtain, for $0 \leq \tau \leq 1$,

$$|j| |z_{j,l}^{\pm j}(\tau)| \leq C_1 |j| |z_{j,l}^{\pm j}(0)| + C_2 \max_{0 \leq \sigma \leq \tau} \left(|\dot{z}_{j,l-1}^{\pm j}(\sigma)| + |g_{j,l+1}^{\pm j}(\mathbf{Z}(\sigma), \sigma)| \right).$$

Using (3.17), the boundedness of $\|\dot{\mathbf{z}}_{l-1}(0)\|$, and Lemma 3.1, the triangle inequality for the Euclidean norm yields, for $0 \leq \tau \leq 1$,

$$\sum_{j \in \mathbb{Z}^*} j^2 (|z_{j,l}^j(\tau)| + |z_{j,l}^{-j}(\tau)|)^2 \leq C. \quad (3.18)$$

The estimates (3.16) and (3.18) prove the boundedness of $\|\mathbf{z}_l(\tau)\|$ for $\tau \in [0, 1]$. The bound on the derivatives of $\mathbf{z}_l(\tau)$ is obtained in the same way after differentiating the equation (3.9). \square

It follows from the triangle inequality that, for sufficiently small ε ,

$$\|\mathbf{z}(\tau)\| \leq C\varepsilon, \quad 0 \leq \tau \leq 1. \quad (3.19)$$

Moreover, it follows from the construction of Section 3.4 that for $|k| \neq |j|$ we have $z_{j,1}^k = z_{j,2}^k = 0$. This implies

$$\left(\sum_{j \in \mathbb{Z}^*} \left(\sum_{k \in \mathbb{Z}} |j^2 - k^2| |z_j^k(\tau)| \right)^2 \right)^{1/2} \leq C\varepsilon^3, \quad 0 \leq \tau \leq 1, \quad (3.20)$$

which shows that the diagonal terms z_j^j and z_j^{-j} are dominant in the modulated Fourier expansion (3.5). These two bounds are also valid for any finite number of derivatives of z_j^k .

3.6 Bounds for the defect

As an approximation for the solution of (3.6) we consider the truncated series (3.8) with coefficient functions $z_{j,l}^k(\tau)$ constructed in Section 3.4, and $\dot{z}_{j,N+1}^{\pm j}(\tau) \equiv 0$. The defect, when $z_j^k(\tau)$ is inserted into (3.6), is given by

$$\begin{aligned} d_j^k &= \varepsilon^2 \ddot{z}_j^k + 2ik\varepsilon c \dot{z}_j^k + (ik\varepsilon \dot{c} - k^2 c^2) z_j^k + j^2 c^2 z_j^k \\ &+ a \sum_{k_1+k_2+k_3=k} \sum_{j_1+j_2+j_3=j} z_{j_1}^{k_1} z_{j_2}^{k_2} z_{j_3}^{k_3}. \end{aligned} \quad (3.21)$$

By construction of the coefficient functions $z_{j,l}^k(\tau)$ the coefficients of ε^l vanish for $l \leq N+1$. All that remains is

$$d_j^k = \varepsilon^{N+2} \left(\varepsilon \ddot{z}_{j,N+1}^k + \ddot{z}_{j,N}^k + 2ikc \dot{z}_{j,N+1}^k + ik \dot{c} z_{j,N+1}^k + a \sum_{l=N+2}^{3N+3} \varepsilon^{l-N-2} g_{j,l}^k(\mathbf{Z}) \right) \quad (3.22)$$

with $g_{j,l}^k(\mathbf{Z})$ defined in (3.10).

Lemma 3.3 *Under the assumptions of Theorem 3.1, there exists a constant C_N such that, for $0 \leq \tau \leq 1$, the defect is bounded by*

$$\left(\sum_{j \in \mathbb{Z}^*} \left(\sum_{k \in \mathbb{Z}} |d_j^k(\tau)| \right)^2 \right)^{1/2} \leq C_N \varepsilon^{N+2}.$$

Proof The bound is obtained by applying the triangle inequality to (3.22), and by using the bounds of Lemmas 3.2 and 3.1. \square

3.7 Remainder term of the MFE

With the obtained estimate for the defect we will bound the error between the exact solution $u(\cdot, t)$ and its approximation by the MFE,

$$\tilde{u}(x, t) = i \sum_{j \in \mathbb{Z}^*} \sum_{k \in \mathbb{Z}} z_j^k(\varepsilon t) e^{ik\phi(\varepsilon t)/\varepsilon} e^{ijx}$$

with $z_j^k(\varepsilon t)$ given by (3.8). For this we need first to bound the solutions of the linear wave equation

$$\partial_t^2 w = c(\varepsilon t)^2 \partial_x^2 w$$

on the interval $s \leq t \leq \varepsilon^{-1}$ and initial values given at s .

Lemma 3.4 *The evolution family $U(t, s)$, $0 \leq s \leq t \leq \varepsilon^{-1}$, which maps $(w(\cdot, s), \partial_t w(\cdot, s))$ to $(w(\cdot, t), \partial_t w(\cdot, t))$, is a bounded family of linear operators on $H_0^1(0, \pi) \times L_2(0, \pi)$.*

Proof We consider

$$I(t) = \frac{1}{2c(\varepsilon t)} \left(\|\partial_t w(\cdot, t)\|^2 + c(\varepsilon t)^2 \|\partial_x w(\cdot, t)\|^2 \right),$$

which has the time derivative

$$\begin{aligned} \frac{d}{dt} I(t) &= -\frac{\varepsilon \dot{c}(\varepsilon t)}{2c(\varepsilon t)} I(t) + \frac{1}{c(\varepsilon t)} \int_0^\pi \partial_t^2 w(x, t) \partial_t w(x, t) dx \\ &\quad + c(\varepsilon t) \int_0^\pi \partial_t \partial_x w(x, t) \partial_x w(x, t) dx + \varepsilon \dot{c}(\varepsilon t) \|\partial_x w(\cdot, t)\|^2. \end{aligned}$$

On using the wave equation and partial integration, the second and third term on the right-hand side cancel. Hence we obtain

$$\left| \frac{d}{dt} I(t) \right| \leq C\varepsilon I(t)$$

and therefore

$$I(t) \leq \text{Const } I(s), \quad 0 \leq s \leq t \leq \varepsilon^{-1}.$$

Since $c(\tau)$ is bounded and bounded away from 0, this yields the result. \square

Lemma 3.5 *The error between the exact solution u of the nonlinear wave equation and its MFE approximation \tilde{u} satisfies*

$$\|\tilde{u}(\cdot, t) - u(\cdot, t)\|_{H^1} + \|\partial_t \tilde{u}(\cdot, t) - \partial_t u(\cdot, t)\|_{L_2} \leq C(1+t)\varepsilon^{N+2}, \quad t \leq \varepsilon^{-1}.$$

Proof We have

$$\begin{aligned} \partial_t^2 u &= c(\varepsilon t)^2 \partial_x^2 u + g(u, \varepsilon t) \\ \partial_t^2 \tilde{u} &= c(\varepsilon t)^2 \partial_x^2 \tilde{u} + g(\tilde{u}, \varepsilon t) + d \end{aligned}$$

with

$$d(x, t) = i \sum_{j \in \mathbb{Z}} \sum_{k \in \mathbb{Z}} d_j^k(\varepsilon t) e^{ik\phi(\varepsilon t)/\varepsilon} e^{ijx}.$$

By the variation of constants formula, the remainder term of the MFE, $r = u - \tilde{u}$, satisfies

$$\begin{aligned} \begin{pmatrix} r(\cdot, t) \\ \partial_t r(\cdot, t) \end{pmatrix} &= U(t, 0) \begin{pmatrix} r(\cdot, 0) \\ \partial_t r(\cdot, 0) \end{pmatrix} \\ &+ \int_0^t U(t, s) \begin{pmatrix} 0 \\ g(u(\cdot, s), \varepsilon s) - g(\tilde{u}(\cdot, s), \varepsilon s) - d(\cdot, s) \end{pmatrix} ds. \end{aligned}$$

Let $0 < t^* \leq \varepsilon^{-1}$ be maximal such that

$$\|g(u(\cdot, s), \varepsilon s) - g(\tilde{u}(\cdot, s), \varepsilon s)\|_{L_2} \leq \varepsilon \|u(\cdot, s) - \tilde{u}(\cdot, s)\|_{H^1} \quad \text{for } 0 \leq s \leq t^*. \quad (3.23)$$

Then the bound of U given by Lemma 3.4, the bounds for the initial error (3.13)–(3.14), a Gronwall inequality and the bound of Lemma 3.3 for the defect $d(\cdot, s)$ imply, for $0 \leq t \leq t^*$,

$$\|r(\cdot, t)\|_{H^1} + \|\partial_t r(\cdot, t)\|_{L_2} \leq C' \varepsilon^{N+2} + C'' t \max_{0 \leq s \leq t} \|d(\cdot, s)\|_{L_2} \leq C(1+t)\varepsilon^{N+2}.$$

Since this bound implies that (3.23) holds with strict inequality, for sufficiently small ε , the maximality of t^* yields that this is possible only if t^* equals the endpoint ε^{-1} of the considered time interval. \square

Combining the above lemmas concludes the proof of Theorem 3.1.

4 Adiabatic invariant

We show that the system for the coefficients of the modulated Fourier expansion has an almost-invariant that is close to the adiabatic invariant of the wave equation. Throughout this section we work with the truncated series (3.8).

4.1 An almost-invariant of the MFE

We introduce the functions

$$y_j^k(\tau) = z_j^k(\tau) e^{ik\phi(\tau)/\varepsilon}.$$

For the construction of the MFE we have to work with the functions z_j^k , which are smooth with derivatives bounded independently of ε . Here, it is more convenient to work with the highly oscillatory functions y_j^k . In terms of y_j^k the system (3.21) can be written as

$$\varepsilon^2 \ddot{y}_j^k(\tau) + j^2 c(\tau)^2 y_j^k(\tau) + \nabla_{-j}^{-k} \mathcal{U}(\mathbf{y})(\tau) = d_j^k(\tau) e^{ik\phi(\tau)/\varepsilon} \quad (4.1)$$

where

$$\mathcal{U}(\mathbf{y}) = \frac{a}{4} \sum_{j_1 + \dots + j_4 = 0} \sum_{k_1 + \dots + k_4 = 0} y_{j_1}^{k_1} y_{j_2}^{k_2} y_{j_3}^{k_3} y_{j_4}^{k_4},$$

and ∇_{-j}^{-k} denotes differentiation with respect to y_{-j}^{-k} . The convergence of the infinite series in the definition of $\mathcal{U}(\mathbf{y})$ follows from the proof of Lemma 3.1 provided that $\|\mathbf{y}\|$ is bounded.

An almost-invariant is obtained in the spirit of Noether's theorem from the invariance property

$$\mathcal{U}((e^{-ik\theta} y_j^k)_{j,k \in \mathbb{Z}}) = \mathcal{U}((y_j^k)_{j,k \in \mathbb{Z}}), \quad \theta \in \mathbb{R}.$$

Differentiation of this relation with respect to θ at $\theta = 0$ yields

$$\sum_{j,k \in \mathbb{Z}} (ik) y_{-j}^{-k} \nabla_{-j}^{-k} \mathcal{U}(\mathbf{y}) = 0.$$

Furthermore, the sum $\sum_{j,k \in \mathbb{Z}} (ik) y_{-j}^{-k} j^2 c^2 y_j^k$ vanishes, because the term for (j, k) cancels with that for $(-j, -k)$. Multiplying the identity (4.1) with $(ik) y_{-j}^{-k}$ and summing over all j and k thus yields

$$\varepsilon^2 \sum_{j,k \in \mathbb{Z}} (ik) y_{-j}^{-k} \dot{y}_j^k = \sum_{j,k \in \mathbb{Z}} (ik) y_{-j}^{-k} d_j^k e^{ik\phi/\varepsilon} = \sum_{j,k \in \mathbb{Z}} (ik) z_{-j}^{-k} d_j^k. \quad (4.2)$$

Theorem 4.1 *Consider the expression*

$$\mathcal{I}(\mathbf{y}, \dot{\mathbf{y}}) = \varepsilon \sum_{j,k \in \mathbb{Z}} (ik) y_{-j}^{-k} \dot{y}_j^k.$$

Under the assumptions of Theorem 3.2 the functions $y_j^k(\tau) = z_j^k(\tau) e^{ik\phi(\tau)/\varepsilon}$, where $z_j^k(\tau)$ represents a truncated series (3.8) with coefficients constructed in Section 3.4, then satisfy, for $0 \leq \varepsilon t \leq 1$,

$$\frac{d}{dt} \mathcal{I}(\mathbf{y}(\varepsilon t), \dot{\mathbf{y}}(\varepsilon t)) = \mathcal{O}(\varepsilon^{N+3}) \quad (4.3)$$

and

$$\mathcal{I}(\mathbf{y}(\varepsilon t), \dot{\mathbf{y}}(\varepsilon t)) = 2c(\varepsilon t) \sum_{j \in \mathbb{Z}} j^2 |z_j^j(\varepsilon t)|^2 + \mathcal{O}(\varepsilon^3).$$

The constant symbolised by $\mathcal{O}(\cdot)$ depends on the truncation index N , but it is independent of $0 < \varepsilon \leq \varepsilon^$ (with ε^* sufficiently small) and of t as long as $0 \leq \varepsilon t \leq 1$.*

Proof Differentiation of $\mathcal{I}(\mathbf{y}(\varepsilon t), \dot{\mathbf{y}}(\varepsilon t))$ with respect to t yields the lefthand expression of (4.2), because the sum $\sum_{j,k \in \mathbb{Z}} (ik) \dot{y}_{-j}^{-k} \dot{y}_j^k$ vanishes due to the cancellation of the terms for (j, k) and $(-j, -k)$. Applying the Cauchy–Schwarz inequality to the righthand side of (4.2), using the estimate for the defect (Lemma 3.3) and the estimate $\|\mathbf{z}(\tau)\| = \mathcal{O}(\varepsilon)$ from (3.19) shows that the righthand side of (4.2) is bounded by $\mathcal{O}(\varepsilon^{N+3})$. This proves the estimate (4.3).

Differentiating $y_j^k(\tau) = z_j^k(\tau) e^{ik\phi(\tau)/\varepsilon}$ with respect to time t yields

$$\varepsilon \dot{y}_j^k = (\varepsilon \dot{z}_j^k + ikc z_j^k) e^{ik\phi/\varepsilon}.$$

Consequently, we have

$$\mathcal{I}(\mathbf{y}, \dot{\mathbf{y}}) = - \sum_{j,k \in \mathbb{Z}} ck^2 z_{-j}^{-k} z_j^k + \mathcal{O}(\varepsilon^3) = 2c \sum_{j \in \mathbb{Z}^*} j^2 |z_j^j|^2 + \mathcal{O}(\varepsilon^3).$$

The last equality follows from (3.20) and from the fact that $z_{-j}^{-k} = -\overline{z_j^k}$, which follows from $u_{-j} = -u_j$ and $z_j^{-k} = \overline{z_j^k}$. This proves the second statement of the theorem. \square

4.2 Connection with the action of the wave equation

We consider the harmonic energy divided by the wave speed along the MFE approximation $\tilde{u}(x, t)$ to the solution $u(x, t)$ as given by Theorem 3.1,

$$\begin{aligned} \tilde{I}(t) &= \frac{1}{2c(\varepsilon t)} \left(\|\partial_t \tilde{u}(\cdot, t)\|^2 + c(\varepsilon t)^2 \|\partial_x \tilde{u}(\cdot, t)\|^2 \right) \\ &= \frac{1}{2c(\varepsilon t)} \left(\sum_{j \in \mathbb{Z}} \left| \frac{d}{dt} \tilde{u}_j(t) \right|^2 + c(\varepsilon t)^2 \sum_{j \in \mathbb{Z}} j^2 |\tilde{u}_j(t)|^2 \right). \end{aligned} \quad (4.4)$$

Lemma 4.1 *Let $\tilde{u}_j(t) = \sum_{k \in \mathbb{Z}} z_j^k(\varepsilon t) e^{ik\phi(\varepsilon t)/\varepsilon}$, where $z_j^k(\tau)$ is the truncated series (3.8). In terms of these coefficients the action (4.4) satisfies*

$$\tilde{I}(t) = 2c(\varepsilon t) \sum_{j \in \mathbb{Z}} j^2 |z_j^j(\varepsilon t)|^2 + \mathcal{O}(\varepsilon^3).$$

Proof Differentiating $\tilde{u}_j(t)$ with respect to t yields, with $\tau = \varepsilon t$,

$$\frac{d}{dt} \tilde{u}_j(t) = \sum_{k \in \mathbb{Z}} \left(\varepsilon \dot{z}_j^k(\tau) + ikc(\tau) z_j^k(\tau) \right) e^{ik\phi(\tau)/\varepsilon}.$$

From the estimate (3.20) we thus obtain

$$\sum_{j \in \mathbb{Z}} \left| \frac{d}{dt} u_j(t) \right|^2 = c(\tau)^2 \sum_{j \in \mathbb{Z}} j^2 |z_j^j(\tau) e^{ij\phi(\tau)/\varepsilon} - z_j^{-j}(\tau) e^{-ij\phi(\tau)/\varepsilon}|^2 + \mathcal{O}(\varepsilon^3).$$

Similarly, we get

$$\sum_{j \in \mathbb{Z}} j^2 |u_j(t)|^2 = \sum_{j \in \mathbb{Z}} j^2 |z_j^j(\tau) e^{ij\phi(\tau)/\varepsilon} + z_j^{-j}(\tau) e^{-ij\phi(\tau)/\varepsilon}|^2 + \mathcal{O}(\varepsilon^3).$$

Using the identity $|a - \bar{a}|^2 + |a + \bar{a}|^2 = 4|a|^2$, a combination of the last two formulas gives

$$\sum_{j \in \mathbb{Z}} \left| \frac{d}{dt} u_j(t) \right|^2 + c(\tau)^2 \sum_{j \in \mathbb{Z}} j^2 |u_j|^2 = 4c(\tau)^2 \sum_{j \in \mathbb{Z}} j^2 |z_j^j(\tau)|^2 + \mathcal{O}(\varepsilon^3).$$

Dividing this equation by $2c(\tau)$ proves the statement of the lemma. \square

4.3 Transitions in the almost-invariant

To be able to cover a longer time interval by patching together many intervals of length ε^{-1} , we need the following result.

Lemma 4.2 *Under the conditions of Theorem 3.1, let $z_j^k(\tau)$ for $0 \leq \tau = \varepsilon t \leq 1$ be the coefficient functions of the MFE as in Theorem 3.1 for initial data $(u(\cdot, 0), \partial_t u(\cdot, 0))$, and let $y_j^k(\tau) = z_j^k(\tau)e^{ik\phi(\tau)/\varepsilon}$ and $\mathbf{y}(\tau) = (y_j^k(\tau))$. Let further $\tilde{\mathbf{y}}(\tau) = (\tilde{y}_j^k(\tau))$ be the corresponding functions of the MFE for $1 \leq \tau \leq 2$ to the initial data $(u(\cdot, \varepsilon^{-1}), \partial_t u(\cdot, \varepsilon^{-1}))$, constructed as in Theorem 3.1. Then,*

$$|\mathcal{I}(\mathbf{y}(1), \dot{\mathbf{y}}(1)) - \mathcal{I}(\tilde{\mathbf{y}}(1), \dot{\tilde{\mathbf{y}}}(1))| \leq C\varepsilon^{N+2},$$

where C is independent of ε .

Proof First we note that $\mathbf{z}(\tau + 1)$ contains the modulation functions that are uniquely constructed (up to $\mathcal{O}(\varepsilon^{N+2})$) by starting from $(\tilde{u}(\cdot, \varepsilon^{-1}), \partial_t \tilde{u}(\cdot, \varepsilon^{-1}))$, where \tilde{u} is again the approximation by the truncated modulated Fourier expansion (3.1) without the remainder term. On the other hand, $\tilde{\mathbf{z}}(t)$ contains the modulation functions constructed by starting from the exact solution values at time $t = \varepsilon^{-1}$. By Theorem 3.1 we have $u = \tilde{u} + r$ with the remainder estimate (3.2). We thus need to estimate $\mathbf{z} - \tilde{\mathbf{z}}$ at $\tau = 1$ in terms of $\|u(\cdot, \varepsilon^{-1}) - \tilde{u}(\cdot, \varepsilon^{-1})\|_{H^1} + \|\partial_t u(\cdot, \varepsilon^{-1}) - \partial_t \tilde{u}(\cdot, \varepsilon^{-1})\|_{L_2}$. We proceed similarly to the proof of Lemma 3.2, taking differences in the recursions instead of direct bounds. Omitting the details, we obtain

$$\|\mathbf{z}(\tau) - \tilde{\mathbf{z}}(\tau)\| \leq C\varepsilon^{N+1} \quad \text{for } 1 \leq \tau \leq 2,$$

and bounds of the same type hold for any fixed number of derivatives of $\mathbf{z}(\tau) - \tilde{\mathbf{z}}(\tau)$. Together with the definition of \mathcal{I} and the bounds of Lemma 3.2, this yields the stated bound.

4.4 Long-time conservation of the adiabatic invariant

For $n = 0, 1, 2, \dots$, let $\mathbf{y}_n(t)$ contain the summands of the modulated Fourier expansion starting from $(u(\cdot, n\varepsilon^{-1}), \partial_t u(\cdot, n\varepsilon^{-1}))$. As long as the adiabatic invariant satisfies $I(u(\cdot, n\varepsilon^{-1}), \partial_t u(\cdot, n\varepsilon^{-1}), n\varepsilon^{-1}) \leq I(u(\cdot, 0), \partial_t u(\cdot, 0), 0) + C_0\varepsilon^2$, Theorem 4.1 yields for $0 \leq \theta \leq 1$

$$|\mathcal{I}(\mathbf{y}_n(n + \theta), \dot{\mathbf{y}}_n(n + \theta)) - \mathcal{I}(\mathbf{y}_n(n), \dot{\mathbf{y}}_n(n))| \leq C\varepsilon^{N+2}.$$

By Lemma 4.2,

$$|\mathcal{I}(\mathbf{y}_n(n), \dot{\mathbf{y}}_n(n)) - \mathcal{I}(\mathbf{y}_{n-1}(n), \dot{\mathbf{y}}_{n-1}(n))| \leq C\varepsilon^{N+2}.$$

Summing up these estimates over n and applying the triangle inequality yields, for $0 \leq \theta \leq 1$,

$$|\mathcal{I}(\mathbf{y}_n(n + \theta), \dot{\mathbf{y}}_n(n + \theta)) - \mathcal{I}(\mathbf{y}_0(0), \dot{\mathbf{y}}_0(0))| \leq 2(n + 1)C\varepsilon^{N+2}.$$

By Theorem 4.1 and Lemma 4.1, we have at $t = (n + \theta)\varepsilon^{-1}$

$$|\mathcal{I}(\mathbf{y}_n(n + \theta), \dot{\mathbf{y}}_n(n + \theta)) - \tilde{I}(t)| \leq C\varepsilon^3,$$

where $\tilde{I}(t)$ is the action corresponding to the MFE approximation \tilde{u} starting from the exact solution at time $n\varepsilon^{-1}$. Moreover, by the remainder estimate of Theorem 3.1 and since the $H_0^1 \times L_2$ norm of $(\tilde{u}(\cdot, t), \partial_t \tilde{u}(\cdot, t))$ is bounded by $\mathcal{O}(\varepsilon)$, we have

$$|\tilde{I}(t) - I(t)| \leq C\varepsilon^{N+2},$$

where $I(t)$ is the action for the solution $u(\cdot, t)$ as in (2.3). Combining these bounds at t and at 0 we obtain for $t \leq \varepsilon^{-N}$

$$|I(t) - I(0)| \leq 2C''t\varepsilon^{N+3} + 2C'\varepsilon^3 \leq C\varepsilon^3.$$

This is the bound of Theorem 2.1.

Part II: Proof of Theorem 2.2

We consider only the spatially three-dimensional case, since the modifications required for the two-dimensional case are obvious.

5 Modulated Fourier expansion for the short-time solution approximation

5.1 Spatial Fourier expansion

We extend the initial values $u(\cdot, 0)$ and $\partial_t u(\cdot, 0)$ to odd functions on the extended rectangular box $[-\ell_1, \ell_1] \times [-\ell_2, \ell_2] \times [-\ell_3, \ell_3]$. Since all terms in (2.1) are odd powers of u , the solution of the equation remains an odd function for all t . In this section we write \mathbf{x} instead of x for the spatial variable and consider the Fourier series

$$u(\mathbf{x}, t) = i \sum_{\mathbf{j} \in \mathbb{Z}^3} u_{\mathbf{j}}(t) e^{i\mathbf{j} \circ \mathbf{x}} \quad \text{with} \quad \mathbf{j} \circ \mathbf{x} = \frac{j_1 \pi x_1}{\ell_1} + \frac{j_2 \pi x_2}{\ell_2} + \frac{j_3 \pi x_3}{\ell_3}$$

for $\mathbf{j} = (j_1, j_2, j_3)$ and $\mathbf{x} = (x_1, x_2, x_3)$. We obtain real $u_{\mathbf{j}}$, and $u_{(-j_1, j_2, j_3)} = -u_{(j_1, j_2, j_3)}$ and similarly in the second and third component. In particular, $u_{\mathbf{j}} = 0$ if one of the components of \mathbf{j} is zero. The system of differential equations for the Fourier coefficients is given by

$$\frac{d^2 u_{\mathbf{j}}}{dt^2} = -c(\varepsilon t)^2 \Omega_{\mathbf{j}}^2 u_{\mathbf{j}} - a(\varepsilon t) \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 = \mathbf{j}} u_{\mathbf{j}_1} u_{\mathbf{j}_2} u_{\mathbf{j}_3}, \quad (5.1)$$

where the sum is over all $\mathbf{j}_1, \mathbf{j}_2, \mathbf{j}_3 \in \mathbb{Z}^3$ satisfying $\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 = \mathbf{j}$, and $\Omega_{\mathbf{j}} > 0$ is defined by

$$\Omega_{\mathbf{j}}^2 = \left(\frac{j_1 \pi}{\ell_1} \right)^2 + \left(\frac{j_2 \pi}{\ell_2} \right)^2 + \left(\frac{j_3 \pi}{\ell_3} \right)^2.$$

The assumptions on the initial conditions become

$$\sum_{\mathbf{j} \in \mathbb{Z}^3} \Omega_{\mathbf{j}}^2 |u_{\mathbf{j}}(0)|^2 = \mathcal{O}(\varepsilon^2), \quad \sum_{\mathbf{j} \in \mathbb{Z}^3} \left| \frac{d}{dt} u_{\mathbf{j}}(0) \right|^2 = \mathcal{O}(\varepsilon^2).$$

5.2 Statement of result

We denote by $\mathbb{Z}^{*,3}$ the subset of those $\mathbf{j} \in \mathbb{Z}^3$ that have all components different from zero. We consider the linear arrangement $0 < \omega_1 < \omega_2 < \dots$ of the different frequencies among the $\Omega_{\mathbf{j}}$ for $\mathbf{j} \in \mathbb{Z}^{*,3}$. We let $m(\mathbf{j})$ be the integer such that

$$\omega_{m(\mathbf{j})} = \Omega_{\mathbf{j}}.$$

For a sequence of integers $\mathbf{k} = (k_1, k_2, \dots)$ with only finitely many nonzero entries, we denote

$$\|\mathbf{k}\| = \sum_{m \geq 1} |k_m|, \quad \mathbf{k} \cdot \boldsymbol{\omega} = \sum_{m \geq 1} k_m \omega_m.$$

We let $\langle \mathbf{j} \rangle = (0, \dots, 0, 1, 0, \dots)$ be the sequence that has an entry 1 at the $m(\mathbf{j})$ -th position and zero entries else, so that $\langle \mathbf{j} \rangle \cdot \boldsymbol{\omega} = \omega_{m(\mathbf{j})} = \Omega_{\mathbf{j}}$.

For the Fourier coefficients of $u(\cdot, t)$ we consider the MFE

$$u_{\mathbf{j}}(t) \approx \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} z_{\mathbf{j}}^{\mathbf{k}}(\varepsilon t) e^{i(\mathbf{k} \cdot \boldsymbol{\omega}) \phi(\varepsilon t) / \varepsilon}, \quad (5.2)$$

where the phase function ϕ is given by (3.7) and the modulation functions $z_{\mathbf{j}}^{\mathbf{k}}$ are to be determined. The summation is over the set

$$\mathcal{K}_{\mathbf{j}} = \{ \mathbf{k} = (k_1, k_2, \dots) \in \mathbb{Z}^{\mathbb{N}} : \|\mathbf{k} \cdot \boldsymbol{\omega} - \Omega_{\mathbf{j}}\| \geq \varepsilon^{1-\alpha} \} \cup \{ \pm \langle \mathbf{j} \rangle \}, \quad (5.3)$$

where we are interested in choosing a small $\alpha > 0$. This set is chosen to deal with almost-resonances: if $\|\mathbf{k} \cdot \boldsymbol{\omega} - \Omega_{\mathbf{j}}\| < \varepsilon^{1-\alpha}$, then $e^{i(\mathbf{k} \cdot \boldsymbol{\omega}) \phi(\tau) / \varepsilon} = w_{\mathbf{j}}^{\mathbf{k}}(\tau) e^{i\Omega_{\mathbf{j}} \phi(\tau) / \varepsilon}$ with

$$w_{\mathbf{j}}^{\mathbf{k}}(\tau) = e^{i((\mathbf{k} \cdot \boldsymbol{\omega}) - \Omega_{\mathbf{j}}) \phi(\tau) / \varepsilon},$$

where the q -th derivative of $w_{\mathbf{j}}^{\mathbf{k}}(\tau)$ is of magnitude $\mathcal{O}(\varepsilon^{-q\alpha})$, so that $w_{\mathbf{j}}^{\mathbf{k}}(\tau)$ is changing more slowly than $e^{i\Omega_{\mathbf{j}} \phi(\tau) / \varepsilon}$.

Theorem 5.1 *Let the integer $N \geq 4$ be arbitrary and let $\alpha = 1/N$ in the definition (5.3) of the set $\mathcal{K}_{\mathbf{j}}$. In the situation of Theorem 2.2, the solution $u(\mathbf{x}, t)$ of (2.1) admits a modulated Fourier expansion*

$$u(\mathbf{x}, t) = i \sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \sum_{\substack{\mathbf{k} \in \mathcal{K}_{\mathbf{j}} \\ \|\mathbf{k}\| \leq N+1}} z_{\mathbf{j}}^{\mathbf{k}}(\varepsilon t) e^{i(\mathbf{k} \cdot \boldsymbol{\omega}) \phi(\varepsilon t) / \varepsilon} e^{i\mathbf{j} \cdot \mathbf{x}} + r(\mathbf{x}, t), \quad 0 \leq t \leq \varepsilon^{-1},$$

where the phase function $\phi(\tau)$ satisfies $\frac{d\phi}{d\tau}(\tau) = c(\tau)$ and the modulation functions $z_j^{\mathbf{k}}(\tau)$ satisfy $z_j^{-\mathbf{k}} = \overline{z_j^{\mathbf{k}}}$ and are bounded for $0 \leq \tau \leq 1$, together with their first and second derivatives, by

$$\begin{aligned} & \left(\sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} (\Omega_{\mathbf{j}} (|z_j^{(\mathbf{j})}(\tau)| + |z_j^{-(\mathbf{j})}(\tau)|))^2 \right)^{1/2} \leq C_1 \varepsilon \\ & \left(\sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \left(\sum_{\mathbf{k} \neq \pm(\mathbf{j})} (\Omega_{\mathbf{j}} + |\mathbf{k} \cdot \boldsymbol{\omega}|) |z_j^{\mathbf{k}}(\tau)| \right)^2 \right)^{1/2} \leq C_2 \varepsilon^{2+\alpha}. \end{aligned}$$

The remainder term is bounded by

$$\|r(\cdot, t)\|_{H_0^1} + \|\partial_{tr}(\cdot, t)\|_{L_2} \leq C_3 (1+t) \varepsilon^{4-\alpha}, \quad 0 \leq t \leq \varepsilon^{-1}.$$

The constants C_1, C_2, C_3 are independent of ε , but depend on N , on the bound (2.2) of the initial values and on bounds of $c(\tau)$ and $a(\tau)$ and their derivatives.

This result will be proved in the course of this section. Note that no resonance or non-resonance conditions are imposed on the frequencies $\Omega_{\mathbf{j}}$.

5.3 Formal modulated Fourier expansion (MFE) in time

We denote again differentiation with respect to the slow time $\tau = \varepsilon t$ by a dot. We insert the ansatz (5.2) into (5.1), and compare the coefficients of $e^{i(\mathbf{k} \cdot \boldsymbol{\omega})\phi(\tau)/\varepsilon}$. The functions $z_j^{\mathbf{k}}(\tau)$ thus have to satisfy the following system: for $\mathbf{j} \in \mathbb{Z}^{*,3}$ and $\mathbf{k} \in \mathcal{K}_{\mathbf{j}}$ with $\mathbf{k} \neq \pm(\mathbf{j})$,

$$\begin{aligned} \varepsilon^2 \dot{z}_j^{\mathbf{k}} + 2i(\mathbf{k} \cdot \boldsymbol{\omega}) \varepsilon c \dot{z}_j^{\mathbf{k}} + (i(\mathbf{k} \cdot \boldsymbol{\omega}) \varepsilon \dot{c} - ((\mathbf{k} \cdot \boldsymbol{\omega})^2 - \Omega_{\mathbf{j}}^2) c^2) z_j^{\mathbf{k}} \\ = -a \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 = \mathbf{j}} \sum_{\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3 = \mathbf{k}} z_{\mathbf{j}_1}^{\mathbf{k}_1} z_{\mathbf{j}_2}^{\mathbf{k}_2} z_{\mathbf{j}_3}^{\mathbf{k}_3}, \end{aligned} \quad (5.4)$$

and for $\pm(\mathbf{j})$,

$$\begin{aligned} \varepsilon^2 \dot{z}_j^{\pm(\mathbf{j})} \pm i \Omega_{\mathbf{j}} \varepsilon (2c \dot{z}_j^{\pm(\mathbf{j})} + \dot{c} z_j^{\pm(\mathbf{j})}) \\ = -a \sum_{\mathbf{k}: |(\mathbf{k} \cdot \boldsymbol{\omega}) \mp \Omega_{\mathbf{j}}| < \varepsilon^{1-\alpha}} w_{\mathbf{j}}^{\mathbf{k}} \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 = \mathbf{j}} \sum_{\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3 = \mathbf{k}} z_{\mathbf{j}_1}^{\mathbf{k}_1} z_{\mathbf{j}_2}^{\mathbf{k}_2} z_{\mathbf{j}_3}^{\mathbf{k}_3}, \end{aligned} \quad (5.5)$$

where the innermost sums are over all $\mathbf{k}_i \in \mathcal{K}_{\mathbf{j}_i}$ with $\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3 = \mathbf{k}$. Note that the outer sum in (5.5) is over \mathbf{k} that are not in $\mathcal{K}_{\mathbf{j}}$ with the exception of $\pm(\mathbf{j})$. The initial conditions yield

$$u_{\mathbf{j}}(0) = \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} z_{\mathbf{j}}^{\mathbf{k}}(0), \quad \frac{d}{dt} u_{\mathbf{j}}(0) = \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} \left(i(\mathbf{k} \cdot \boldsymbol{\omega}) c(0) z_{\mathbf{j}}^{\mathbf{k}}(0) + \varepsilon \dot{z}_{\mathbf{j}}^{\mathbf{k}}(0) \right).$$

5.4 Construction of the coefficient functions for the MFE

We aim at constructing an approximate solution for the system (5.4)–(5.5) having a defect of magnitude $\mathcal{O}(\varepsilon^{4-\alpha})$, which in the next section will turn out to be the permissible magnitude that yields near-conservation of the adiabatic invariant over times $t = o(\varepsilon^{-3+\alpha})$, a time scale that we cannot improve even with a smaller defect. We make an ansatz as a truncated series in powers of ε ,

$$z_{\mathbf{j}}^{\mathbf{k}}(\tau) = \sum_{l=1}^{N+1} \varepsilon^l z_{\mathbf{j},l}^{\mathbf{k}}(\tau), \quad (5.6)$$

for a given truncation number N . It is convenient to use the convention that $z_{\mathbf{j},l}^{\mathbf{k}}(\tau) \equiv 0$ for $l \leq 0$ and also for $\mathbf{k} \notin \mathcal{K}_{\mathbf{j}}$. Inserting (5.6) into (5.4)–(5.5) and comparing powers of ε yields, for $\mathbf{j} \in \mathbb{Z}^{*,3}$ and $\mathbf{k} \in \mathcal{K}_{\mathbf{j}}$ with $\mathbf{k} \neq \pm\langle \mathbf{j} \rangle$,

$$\ddot{z}_{\mathbf{j},l-2}^{\mathbf{k}} + 2i(\mathbf{k} \cdot \boldsymbol{\omega})c \dot{z}_{\mathbf{j},l-1}^{\mathbf{k}} + i(\mathbf{k} \cdot \boldsymbol{\omega}) \dot{c} z_{\mathbf{j},l-1}^{\mathbf{k}} - ((\mathbf{k} \cdot \boldsymbol{\omega})^2 - \Omega_{\mathbf{j}}^2)c^2 z_{\mathbf{j},l}^{\mathbf{k}} = g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z}) \quad (5.7)$$

and for $\pm\langle \mathbf{j} \rangle$,

$$\ddot{z}_{\mathbf{j},l-2}^{\pm\langle \mathbf{j} \rangle} \pm i\Omega_{\mathbf{j}}(2c \dot{z}_{\mathbf{j},l-1}^{\pm\langle \mathbf{j} \rangle} + \dot{c} z_{\mathbf{j},l-1}^{\pm\langle \mathbf{j} \rangle}) = \sum_{\mathbf{k}: |(\mathbf{k} \cdot \boldsymbol{\omega}) \mp \Omega_{\mathbf{j}}| < \varepsilon^{1-\alpha}} w_{\mathbf{j}}^{\mathbf{k}} g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z}), \quad (5.8)$$

where for $\mathbf{Z} = (\mathbf{z}_1, \dots, \mathbf{z}_{l-2})$ with $\mathbf{z}_i = (z_{\mathbf{j},i}^{\mathbf{k}})$,

$$g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z}) = -a \sum_{l_1+l_2+l_3=l} \sum_{\mathbf{j}_1+\mathbf{j}_2+\mathbf{j}_3=\mathbf{j}} \sum_{\mathbf{k}_1+\mathbf{k}_2+\mathbf{k}_3=\mathbf{k}} z_{\mathbf{j}_1,l_1}^{\mathbf{k}_1} z_{\mathbf{j}_2,l_2}^{\mathbf{k}_2} z_{\mathbf{j}_3,l_3}^{\mathbf{k}_3}. \quad (5.9)$$

For $\mathbf{k} \neq \pm\langle \mathbf{j} \rangle$, equation (5.7) represents a linear equation for $z_{\mathbf{j},l}^{\mathbf{k}}$, and (5.8) is a first order linear differential equation for $z_{\mathbf{j},l-1}^{\pm\langle \mathbf{j} \rangle}$. Initial values for this differential equation are obtained from

$$\begin{aligned} \frac{1}{\varepsilon} u_{\mathbf{j}}(0) &= \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} z_{\mathbf{j},1}^{\mathbf{k}}(0), & \frac{1}{\varepsilon} \frac{d}{dt} u_{\mathbf{j}}(0) &= \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} \left(i(\mathbf{k} \cdot \boldsymbol{\omega})c(0) z_{\mathbf{j},1}^{\mathbf{k}}(0) \right) \quad (5.10) \\ 0 &= \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} z_{\mathbf{j},l}^{\mathbf{k}}(0), & 0 &= \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} \left(i(\mathbf{k} \cdot \boldsymbol{\omega})c(0) z_{\mathbf{j},l}^{\mathbf{k}}(0) + \dot{z}_{\mathbf{j},l-1}^{\mathbf{k}}(0) \right), \quad l \geq 2. \end{aligned} \quad (5.11)$$

The construction of the coefficient functions is done iteratively with increasing l , as in Section 3.4. We note that $z_{\mathbf{j},l}^{\mathbf{k}}$ can differ from zero only for $\|\mathbf{k}\| \leq l$. Moreover, the initial values $z_{\mathbf{j}}^{\mathbf{k}}(0)$ of (5.6) satisfy

$$\sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} z_{\mathbf{j}}^{\mathbf{k}}(0) - u_{\mathbf{j}}(0) = 0 \quad (5.12)$$

$$\sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} \left(i(\mathbf{k} \cdot \boldsymbol{\omega})c(0) z_{\mathbf{j}}^{\mathbf{k}}(0) + \varepsilon \dot{z}_{\mathbf{j}}^{\mathbf{k}}(0) \right) - \frac{d}{dt} u_{\mathbf{j}}(0) = \varepsilon^{N+2} \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} \dot{z}_{\mathbf{j},N+1}^{\mathbf{k}}(0). \quad (5.13)$$

5.5 Bounds for the coefficient functions of the MFE

We denote by \mathcal{Z} the space of all $\mathbf{z} = (z_j^{\mathbf{k}})_{j \in \mathbb{Z}^{*,3}, \mathbf{k} \in \mathcal{K}_j, \|\mathbf{k}\| \leq N+1}$ with finite norm

$$\|\mathbf{z}\|^2 = \sum_{j \in \mathbb{Z}^{*,3}} \left(\sum_{\substack{\mathbf{k} \in \mathcal{K}_j \\ \|\mathbf{k}\| \leq N+1}} (|\mathbf{k} \cdot \boldsymbol{\omega} + \Omega_j| |z_j^{\mathbf{k}}|) \right)^2.$$

Lemma 5.1 For $\mathbf{z}_i = (z_{j,i}^{\mathbf{k}}) \in \mathcal{Z}$ ($i = 1, 2, 3$) we let, for $\mathbf{j} \in \mathbb{Z}^{*,3}$ and $\mathbf{k} = (k_1, k_2, \dots) \in \mathbb{Z}^{\mathbb{N}}$,

$$h_{\mathbf{j}}^{\mathbf{k}}(\mathbf{z}_1, \mathbf{z}_2, \mathbf{z}_3) = \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 = \mathbf{j}} \sum_{\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3 = \mathbf{k}} z_{\mathbf{j}_1,1}^{\mathbf{k}_1} z_{\mathbf{j}_2,2}^{\mathbf{k}_2} z_{\mathbf{j}_3,3}^{\mathbf{k}_3}.$$

Then,

$$\left(\sum_{j \in \mathbb{Z}^{*,3}} \left(\sum_{\mathbf{k} \in \mathbb{Z}^{\mathbb{N}}} |h_{\mathbf{j}}^{\mathbf{k}}(\mathbf{z}_1, \mathbf{z}_2, \mathbf{z}_3)| \right)^2 \right)^{1/2} \leq C \|\mathbf{z}_1\| \|\mathbf{z}_2\| \|\mathbf{z}_3\|.$$

Proof By the Parseval formula, the left-hand side of the desired inequality is bounded by the $L_2(Q)$ norm of the function $f_1(\mathbf{x}) f_2(\mathbf{x}) f_3(\mathbf{x})$, where $f_i(\mathbf{x})$ is the function with \mathbf{j} -th Fourier coefficient $\sum_{\mathbf{k} \in \mathbb{Z}^{\mathbb{N}}} |z_{j,i}^{\mathbf{k}}|$. We then have

$$\|f_1 f_2 f_3\|_{L_2} \leq \|f_1\|_{L_6} \|f_2\|_{L_6} \|f_3\|_{L_6} \leq C \|f_1\|_{H^1} \|f_2\|_{H^1} \|f_3\|_{H^1},$$

where we have used the Hölder inequality and the Sobolev embedding $H^1(Q) \subset L^6(Q)$, valid for dimension $d \leq 3$. We further have

$$\|f_i\|_{H^1} = \left(\sum_{j \in \mathbb{Z}^{*,3}} \left(\sum_{\mathbf{k} \in \mathbb{Z}^{\mathbb{N}}} \Omega_j |z_{j,i}^{\mathbf{k}}| \right)^2 \right)^{1/2} \leq \|\mathbf{z}_i\|,$$

which yields the result. \square

We note that $g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z})$ of (5.9) is given, for $\mathbf{Z} = (\mathbf{z}_1, \dots, \mathbf{z}_{l-2})$, by the finite sum

$$g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z}) = -a \sum_{l_1 + l_2 + l_3 = l} h_{\mathbf{j}}^{\mathbf{k}}(\mathbf{z}_{l_1}, \mathbf{z}_{l_2}, \mathbf{z}_{l_3}).$$

Since we obtain different bounds for diagonal coefficient functions $z_j^{(\mathbf{j})}$ and non-diagonal coefficient functions $z_j^{\mathbf{k}}$ with $\mathbf{k} \neq \pm(\mathbf{j})$, we split

$$\|\mathbf{z}\|^2 = |\mathbf{z}|_{\text{diag}}^2 + |\mathbf{z}|_{\text{off-diag}}^2,$$

where

$$\begin{aligned} |\mathbf{z}|_{\text{diag}}^2 &= \sum_{j \in \mathbb{Z}^{*,3}} \left(2\Omega_j (|z_j^{(\mathbf{j})}| + |z_j^{-(\mathbf{j})}|) \right)^2 \\ |\mathbf{z}|_{\text{off-diag}}^2 &= \sum_{j \in \mathbb{Z}^{*,3}} \left(\sum_{\substack{\mathbf{k} \in \mathcal{K}_j, \mathbf{k} \neq \pm(\mathbf{j}) \\ \|\mathbf{k}\| \leq N+1}} (|\mathbf{k} \cdot \boldsymbol{\omega} + \Omega_j| |z_j^{\mathbf{k}}|) \right)^2. \end{aligned}$$

Lemma 5.2 *Under the conditions of Theorem 5.1, the seminorms $|\mathbf{z}_l^{(q)}|_{\text{diag}}$ and $|\mathbf{z}_l^{(q)}|_{\text{off-diag}}$ of the q -th derivative of the coefficient functions $\mathbf{z}_l = (z_{\mathbf{j},l}^{\mathbf{k}})$ constructed in Section 5.4 are bounded for $0 < \alpha \leq \min(\frac{1}{4}, \frac{1}{(l-1)})$ as stated in the table below, uniformly for $0 \leq \tau \leq 1$. For each (l, q) , the entry in the first table gives the bound for $|\mathbf{z}_l^{(q)}|_{\text{diag}}$, and that in the second table for $|\mathbf{z}_l^{(q)}|_{\text{off-diag}}$, up to a constant independent of ε . In particular, the coefficient functions $\mathbf{z} = (z_{\mathbf{j}}^{\mathbf{k}})$ of (5.6) satisfy the bounds $|\mathbf{z}|_{\text{diag}} = \mathcal{O}(\varepsilon)$ and $|\mathbf{z}|_{\text{off-diag}} = \mathcal{O}(\varepsilon^{2+\alpha})$.*

	$q = 0$	$q = 1$	$q = 2$	$q > 2$
$l = 1$	ε^0	ε^0	ε^0	ε^0
$l = 2$	ε^0	ε^0	$\varepsilon^{-\alpha}$	$\varepsilon^{-(q-1)\alpha}$
$l = 3$	$\varepsilon^{-(1-\alpha)}$	$\varepsilon^{-(1-\alpha)}$	$\varepsilon^{-(1-\alpha)}$	$\varepsilon^{-(1-\alpha)} + \varepsilon^{-q\alpha}$
$l \geq 4$	$\varepsilon^{-(l-2)(1-\alpha)}$	$\varepsilon^{-(l-2)(1-\alpha)}$	$\varepsilon^{-(l-2)(1-\alpha)}$	$\varepsilon^{-(l-2)(1-\alpha)}$ $+ \varepsilon^{-(l-4)(1-\alpha) - (q+l-3)\alpha}$

Bounds for diagonal coefficient functions $z_{\mathbf{j},l}^{\pm(\mathbf{j})}$.

	$q = 0$	$q = 1$	$q = 2$	$q > 2$
$l = 1$	0	0	0	0
$l = 2$	0	0	0	0
$l = 3$	$\varepsilon^{-(1-\alpha)}$	$\varepsilon^{-(1-\alpha)}$	$\varepsilon^{-(1-\alpha)}$	$\varepsilon^{-(1-\alpha)}$
$l \geq 4$	$\varepsilon^{-(l-2)(1-\alpha)}$	$\varepsilon^{-(l-2)(1-\alpha)}$	$\varepsilon^{-(l-2)(1-\alpha)}$	$\varepsilon^{-(l-2)(1-\alpha)}$ $+ \varepsilon^{-(l-3)(1-\alpha) - (q+l-5)\alpha}$

Bounds for off-diagonal coefficient functions $z_{\mathbf{j},l}^{\mathbf{k}}$ with $\mathbf{k} \neq \pm(\mathbf{j})$.

Proof We work with (5.7) for the off-diagonal coefficients $z_{\mathbf{j},l}^{\mathbf{k}}$ for $\mathbf{k} \in \mathcal{K}_{\mathbf{j}}$ with $\mathbf{k} \neq \pm(\mathbf{j})$, with (5.8) for the diagonal coefficients $z_{\mathbf{j},l}^{\pm(\mathbf{j})}$, and with (5.10)–(5.11) for the initial values. Factorizing

$$(\mathbf{k} \cdot \boldsymbol{\omega})^2 - \Omega_{\mathbf{j}}^2 = (|\mathbf{k} \cdot \boldsymbol{\omega}| + \Omega_{\mathbf{j}})(|\mathbf{k} \cdot \boldsymbol{\omega}| - \Omega_{\mathbf{j}})$$

and using that $||\mathbf{k} \cdot \boldsymbol{\omega}| - \Omega_{\mathbf{j}}| \geq \varepsilon^{1-\alpha}$ for $\mathbf{k} \in \mathcal{K}_{\mathbf{j}}$, we obtain for $\mathbf{k} \neq \pm(\mathbf{j})$

$$(|\mathbf{k} \cdot \boldsymbol{\omega}| + \Omega_{\mathbf{j}}) |z_{\mathbf{j},l}^{\mathbf{k}}| \leq C \varepsilon^{-(1-\alpha)} \left(|\mathbf{k} \cdot \boldsymbol{\omega}| \cdot |z_{\mathbf{j},l-1}^{\mathbf{k}}| + |\mathbf{k} \cdot \boldsymbol{\omega}| \cdot |z_{\mathbf{j},l-1}^{\mathbf{k}}| + |z_{\mathbf{j},l-2}^{\mathbf{k}}| + |g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z})| \right) \quad (5.14)$$

and similar bounds for the derivatives of $z_{\mathbf{j},l}^{\mathbf{k}}$, where the functions on the right-hand side are replaced by their corresponding derivatives.

Solving the linear systems (5.10)–(5.11) for $z_{\mathbf{j},l}^{\pm(\mathbf{j})}(0)$ yields

$$\Omega_{\mathbf{j}} z_{\mathbf{j},l}^{\pm(\mathbf{j})}(0) = \frac{1}{2ic(0)} \left(b_{\mathbf{j},l}^{\pm(\mathbf{j})} - \sum_{\mathbf{k} \neq \pm(\mathbf{j})} i((\mathbf{k} \cdot \boldsymbol{\omega}) \pm \Omega_{\mathbf{j}}) c(0) z_{\mathbf{j},l}^{\mathbf{k}}(0) + \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} z_{\mathbf{j},l-1}^{\mathbf{k}}(0) \right), \quad (5.15)$$

where $b_{\mathbf{j},l}^{\pm(\mathbf{j})} = (du_{\mathbf{j}}/dt(0) \pm i\Omega_{\mathbf{j}}u_{\mathbf{j}}(0))/\varepsilon$ for $l = 1$, and $b_{\mathbf{j},l}^{\pm(\mathbf{j})} = 0$ else. We have

$$\sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} |b_{\mathbf{j},l}^{\pm(\mathbf{j})}|^2 \leq C$$

by the assumption (2.2) on the initial values.

The linear differential equation (5.8) with $l - 1$ replaced by l becomes

$$\pm i\Omega_{\mathbf{j}}(2cz_{\mathbf{j},l}^{\pm(\mathbf{j})} + \dot{c}z_{\mathbf{j},l}^{\pm(\mathbf{j})}) = -\ddot{z}_{\mathbf{j},l-1}^{\pm(\mathbf{j})} + \sum_{\mathbf{k}: |(\mathbf{k}\cdot\boldsymbol{\omega}) \mp \Omega_{\mathbf{j}}| < \varepsilon^{1-\alpha}} w_{\mathbf{j}}^{\mathbf{k}} g_{\mathbf{j},l+1}^{\mathbf{k}}(\mathbf{Z}), \quad (5.16)$$

Using the variation-of-constants formula and a partial integration yields, for $0 \leq \tau \leq 1$,

$$\begin{aligned} |\Omega_{\mathbf{j}}|z_{\mathbf{j},l}^{\pm(\mathbf{j})}(\tau)| &\leq C_1|\Omega_{\mathbf{j}}|z_{\mathbf{j},l}^{\pm(\mathbf{j})}(0) \\ &+ C_2 \max_{0 \leq \sigma \leq \tau} \left(\left| \dot{z}_{\mathbf{j},l-1}^{\pm(\mathbf{j})}(\sigma) \right| + \sum_{\mathbf{k}: |(\mathbf{k}\cdot\boldsymbol{\omega}) \mp \Omega_{\mathbf{j}}| < \varepsilon^{1-\alpha}} \left| w_{\mathbf{j}}^{\mathbf{k}}(\sigma) g_{\mathbf{j},l+1}^{\mathbf{k}}(\mathbf{Z}(\sigma)) \right| \right). \end{aligned} \quad (5.17)$$

and similar bounds for the derivatives of $z_{\mathbf{j},l}^{\pm(\mathbf{j})}$. Note that the q -th derivative of $w_{\mathbf{j}}^{\mathbf{k}}(\tau)$ is bounded by $\mathcal{O}(\varepsilon^{-q\alpha})$.

With these tools we can estimate the coefficient functions $z_{\mathbf{j},l}^{\mathbf{k}}$ and their derivatives for one l after the other. For $l \leq 0$, all $z_{\mathbf{j},l}^{\mathbf{k}}$ are zero by definition.

$l = 1$: The off-diagonal coefficients are zero, because $g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z}) \equiv 0$ for $l = 1$ (and also for $l = 2$). By (5.15) we obtain $|\mathbf{z}_1(\tau)|_{\text{diag}} \leq C$ for $\tau = 0$, and by (5.17) for all $0 \leq \tau \leq 1$. Using (5.16) we obtain the same bound for any finite number of derivatives of \mathbf{z}_1 .

$l = 2$: The off-diagonal coefficients are still zero. Using the bound for \mathbf{z}_1 in (5.15), we obtain $|\mathbf{z}_2(\tau)|_{\text{diag}} \leq C$ for $\tau = 0$, and by (5.17) for all $0 \leq \tau \leq 1$. Using (5.16), which now contains non-vanishing $g_{\mathbf{j},3}^{\mathbf{k}}$ with factors $w_{\mathbf{j}}^{\mathbf{k}}$, we find that the q -th derivative of \mathbf{z}_2 contains the $(q - 1)$ -th derivative of $w_{\mathbf{j}}^{\mathbf{k}}$, which is $\mathcal{O}(\varepsilon^{-(q-1)\alpha})$. Using Lemma 5.1, we thus obtain $|\mathbf{z}_2^{(q)}(\tau)|_{\text{diag}} \leq C\varepsilon^{-(q-1)\alpha}$.

$l = 3$: By (5.14), by the bound for \mathbf{z}_1 and its derivatives and by Lemma 5.1 we obtain that \mathbf{z}_3 and its derivatives satisfy $|\mathbf{z}_3^{(q)}|_{\text{off-diag}} = \mathcal{O}(\varepsilon^{-(1-\alpha)})$ for all $q \geq 0$. By (5.15), the initial value for the diagonal part of \mathbf{z}_3 is bounded by $|\mathbf{z}_3(\tau)|_{\text{diag}} = \mathcal{O}(\varepsilon^{-(1-\alpha)})$ at $\tau = 0$, and (5.17) then gives the same bound for all $\tau \leq 1$. Formula (5.16) and its differentiated versions then yield the bound $|\mathbf{z}_3^{(q)}(\tau)|_{\text{diag}} = \mathcal{O}(\varepsilon^{-(1-\alpha)} + \varepsilon^{-q\alpha})$ for $q \geq 1$.

$l \geq 4$: The same arguments as before yield the bounds of the lemma. \square

5.6 Bounds for the defect and the remainder

In the following we choose $N \geq 4$ arbitrarily in (5.6) and $\alpha = 1/N$ in (5.2)–(5.3). Lemma 5.2 then shows that $\varepsilon^{N+2}z_{\mathbf{j},N+1}^{\mathbf{k}}$ and $\varepsilon^{N+2}\dot{z}_{\mathbf{j},N+1}^{\mathbf{k}}$ for $\mathbf{k} \neq \pm(\mathbf{j})$ are both of magnitude $\mathcal{O}(\varepsilon^{4-\alpha})$. As we will see in a moment, these terms are

the dominating terms in the defect. For the diagonal entries $z_{\mathbf{j},l}^{\pm(\mathbf{j})}(\tau)$ only the initial value is constructed for $l = N + 1$ and the function is taken to be constant in time, because of the shifted index $l - 1$ in (5.8). The defect, when $z_{\mathbf{j}}^{\mathbf{k}}(\tau)$ is inserted into (3.6), is given for $\mathbf{k} \neq \pm(\mathbf{j})$ by

$$d_{\mathbf{j}}^{\mathbf{k}} = \varepsilon^2 \ddot{z}_{\mathbf{j}}^{\mathbf{k}} + 2i(\mathbf{k} \cdot \boldsymbol{\omega}) \varepsilon c \dot{z}_{\mathbf{j}}^{\mathbf{k}} + (i(\mathbf{k} \cdot \boldsymbol{\omega}) \varepsilon \dot{c} - (\mathbf{k} \cdot \boldsymbol{\omega})^2 c^2) z_{\mathbf{j}}^{\mathbf{k}} + \Omega_{\mathbf{j}}^2 c^2 z_{\mathbf{j}}^{\mathbf{k}} \quad (5.18)$$

$$+ a \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 = \mathbf{j}} \sum_{\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3 = \mathbf{k}} z_{\mathbf{j}_1}^{\mathbf{k}_1} z_{\mathbf{j}_2}^{\mathbf{k}_2} z_{\mathbf{j}_3}^{\mathbf{k}_3}$$

and for $\pm(\mathbf{j})$ by

$$d_{\mathbf{j}}^{\pm(\mathbf{j})} = \varepsilon^2 \ddot{z}_{\mathbf{j}}^{\pm(\mathbf{j})} \pm i \Omega_{\mathbf{j}} \varepsilon (2c \dot{z}_{\mathbf{j}}^{\pm(\mathbf{j})} + \dot{c} z_{\mathbf{j}}^{\pm(\mathbf{j})}) \quad (5.19)$$

$$+ a \sum_{\mathbf{k} : |(\mathbf{k} \cdot \boldsymbol{\omega}) \mp \Omega_{\mathbf{j}}| < \varepsilon^{1-\alpha}} w_{\mathbf{j}}^{\mathbf{k}} \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 = \mathbf{j}} \sum_{\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3 = \mathbf{k}} z_{\mathbf{j}_1}^{\mathbf{k}_1} z_{\mathbf{j}_2}^{\mathbf{k}_2} z_{\mathbf{j}_3}^{\mathbf{k}_3}.$$

By construction of the coefficient functions $z_{\mathbf{j},l}^{\mathbf{k}}$, the coefficients of ε^l vanish for $l \leq N + 1$. All that remains is, for $\mathbf{k} \neq \pm(\mathbf{j})$,

$$d_{\mathbf{j}}^{\mathbf{k}} = \varepsilon^{N+2} \left(\varepsilon \ddot{z}_{\mathbf{j},N+1}^{\mathbf{k}} + \ddot{z}_{\mathbf{j},N}^{\mathbf{k}} + 2i(\mathbf{k} \cdot \boldsymbol{\omega}) c \dot{z}_{\mathbf{j},N+1}^{\mathbf{k}} \right. \\ \left. + i(\mathbf{k} \cdot \boldsymbol{\omega}) \dot{c} z_{\mathbf{j},N+1}^{\mathbf{k}} + a \sum_{l=N+2}^{3N+3} \varepsilon^{l-N-2} g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z}) \right)$$

and for $\pm(\mathbf{j})$,

$$d_{\mathbf{j}}^{\pm(\mathbf{j})} = \varepsilon^{N+2} \left(\ddot{z}_{\mathbf{j},N}^{\pm(\mathbf{j})} \pm i \Omega_{\mathbf{j}} \dot{c} z_{\mathbf{j},N+1}^{\pm(\mathbf{j})} + a \sum_{l=N+2}^{3N+3} \varepsilon^{l-N-2} \sum_{\mathbf{k} : |(\mathbf{k} \cdot \boldsymbol{\omega}) \mp \Omega_{\mathbf{j}}| < \varepsilon^{1-\alpha}} w_{\mathbf{j}}^{\mathbf{k}} g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z}) \right)$$

with $g_{\mathbf{j},l}^{\mathbf{k}}(\mathbf{Z})$ defined in (5.9).

Lemma 5.3 *Consider the approximation (5.6) with arbitrary $N \geq 4$ and (5.2)–(5.3) with $\alpha = 1/N$. Under the assumptions of Theorem 5.1, the defect is bounded, for $0 \leq \tau \leq 1$, by*

$$\left(\sum_{\mathbf{j} \in \mathbb{Z}^{*3}} \left(\sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} |d_{\mathbf{j}}^{\mathbf{k}}(\tau)| \right)^2 \right)^{1/2} \leq C \varepsilon^{4-1/N},$$

where C is independent of ε and $0 \leq \tau \leq 1$, but depends on N .

Proof The bound is obtained by using the above formulas for the defect and the bounds of Lemma 5.2, and Lemma 5.1 for bounding the nonlinearity. \square

We remark that the choice $N = 4$ and $\alpha = 1/2$ yields a smaller bound $\mathcal{O}(\varepsilon^{9/2})$ for the defect. Our interest here is, however, to obtain the stated bound for arbitrarily small $\alpha > 0$.

Equations (5.12)–(5.13) and Lemma 5.2 also yield that the error in the initial values is bounded by $\tilde{u}(\cdot, 0) - u(\cdot, 0) = 0$ and $\|\partial_t \tilde{u}(\cdot, 0) - \partial_t u(\cdot, 0)\|_{L^2} = \mathcal{O}(\varepsilon^{4-\alpha})$. By the same argument as in Section 3.7, it follows that the remainder term $(r, \partial_t r)$ of the MFE is bounded in $H_0^1(Q) \times L^2(Q)$ by $C(1+t)\varepsilon^{4-\alpha}$ for $t \leq \varepsilon^{-1}$. This completes the proof of Theorem 5.1.

6 Adiabatic invariant

We show that the almost-invariant for the coefficients of the modulated Fourier expansion extends from the one- to the three-dimensional case, albeit with a larger error in the near-conservation property. Throughout this section we work with the truncated series (5.6) with arbitrary $N \geq 4$ in the MFE (5.2)–(5.3) with $\alpha = 1/N$.

6.1 An almost-invariant of the MFE

For $\mathbf{j} \in \mathbb{Z}^{*,3}$ and $\mathbf{k} \in \mathcal{K}_{\mathbf{j}}$ we introduce the functions

$$y_{\mathbf{j}}^{\mathbf{k}}(\tau) = z_{\mathbf{j}}^{\mathbf{k}}(\tau) e^{i(\mathbf{k} \cdot \boldsymbol{\omega})\phi(\tau)/\varepsilon}.$$

In terms of $y_{\mathbf{j}}^{\mathbf{k}}$, for $\mathbf{k} \neq \pm(\mathbf{j})$ (5.18) can be rewritten as

$$\varepsilon^2 \ddot{y}_{\mathbf{j}}^{\mathbf{k}}(\tau) + c(\tau)^2 \Omega_{\mathbf{j}}^2 y_{\mathbf{j}}^{\mathbf{k}}(\tau) + \nabla_{-\mathbf{j}}^{-\mathbf{k}} \mathcal{U}(\mathbf{y})(\tau) = d_{\mathbf{j}}^{\mathbf{k}}(\tau) e^{i(\mathbf{k} \cdot \boldsymbol{\omega})\phi(\tau)/\varepsilon} \quad (6.1)$$

where

$$\mathcal{U}(\mathbf{y}) = \frac{a}{4} \sum_{\mathbf{j}_1 + \dots + \mathbf{j}_4 = 0} \sum_{\mathbf{k}_1 + \dots + \mathbf{k}_4 = 0} y_{\mathbf{j}_1}^{\mathbf{k}_1} y_{\mathbf{j}_2}^{\mathbf{k}_2} y_{\mathbf{j}_3}^{\mathbf{k}_3} y_{\mathbf{j}_4}^{\mathbf{k}_4},$$

and $\nabla_{-\mathbf{j}}^{-\mathbf{k}}$ denotes differentiation with respect to $y_{-\mathbf{j}}^{-\mathbf{k}}$. The convergence of the infinite series in the definition of $\mathcal{U}(\mathbf{y})$ follows from Lemma 5.1 provided that $\|\mathbf{y}\|$ is bounded. Equation (5.19) can be written

$$\varepsilon^2 \ddot{y}_{\mathbf{j}}^{\pm(\mathbf{j})}(\tau) + c(\tau)^2 \Omega_{\mathbf{j}}^2 y_{\mathbf{j}}^{\pm(\mathbf{j})}(\tau) + \nabla_{-\mathbf{j}}^{\mp(\mathbf{j})} \mathcal{U}(\mathbf{y})(\tau) = (d_{\mathbf{j}}^{\pm(\mathbf{j})}(\tau) + e_{\mathbf{j}}^{\pm(\mathbf{j})}(\tau)) e^{\pm i \Omega_{\mathbf{j}} \phi(\tau)/\varepsilon}, \quad (6.2)$$

where

$$e_{\mathbf{j}}^{\pm(\mathbf{j})} = -a \sum_{\mathbf{k} \neq \pm(\mathbf{j}) : |(\mathbf{k} \cdot \boldsymbol{\omega}) \mp \Omega_{\mathbf{j}}| < \varepsilon^{1-\alpha}} \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 = \mathbf{j}} \sum_{\mathbf{k}_1 + \mathbf{k}_2 + \mathbf{k}_3 = \mathbf{k}} y_{\mathbf{j}_1}^{\mathbf{k}_1} y_{\mathbf{j}_2}^{\mathbf{k}_2} y_{\mathbf{j}_3}^{\mathbf{k}_3}.$$

The invariance property

$$\mathcal{U}((e^{-i(\mathbf{k} \cdot \boldsymbol{\omega})\theta} y_{\mathbf{j}}^{\mathbf{k}})_{\mathbf{j} \in \mathbb{Z}^{*,3}, \mathbf{k} \in \mathcal{K}_{\mathbf{j}}}) = \mathcal{U}((y_{\mathbf{j}}^{\mathbf{k}})_{\mathbf{j} \in \mathbb{Z}^{*,3}, \mathbf{k} \in \mathcal{K}_{\mathbf{j}}}), \quad \theta \in \mathbb{R},$$

yields, like in Section 4,

$$\sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} i(\mathbf{k} \cdot \boldsymbol{\omega}) y_{-\mathbf{j}}^{-\mathbf{k}} \nabla_{-\mathbf{j}}^{-\mathbf{k}} \mathcal{U}(\mathbf{y}) = 0. \quad (6.3)$$

Moreover, the sum $\sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} i(\mathbf{k} \cdot \boldsymbol{\omega}) y_{-\mathbf{j}}^{-\mathbf{k}} \Omega_{\mathbf{j}}^2 c^2 y_{\mathbf{j}}^{\mathbf{k}}$ vanishes, because the term for (\mathbf{j}, \mathbf{k}) cancels with that for $(-\mathbf{j}, -\mathbf{k})$. We have the following bounds for the terms on the right-hand sides of (6.1) and (6.2).

Lemma 6.1 *We have, for $0 \leq \tau \leq 1$,*

$$\left| \sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} (\mathbf{k} \cdot \boldsymbol{\omega}) y_{-\mathbf{j}}^{-\mathbf{k}}(\tau) d_{\mathbf{j}}^{\mathbf{k}}(\tau) \right| \leq C \varepsilon^{5-1/N},$$

where C is independent of ε and $0 \leq \tau \leq 1$, but depends on N .

Proof This bound follows immediately with the Cauchy–Schwarz inequality and using the bounds of Lemmas 5.2 and 5.3. \square

Lemma 6.2 *We have, for $0 \leq \tau \leq 1$,*

$$\left| \sum_{s \in \{-1,1\}} \sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} s \Omega_{\mathbf{j}} y_{-\mathbf{j}}^{-s\langle \mathbf{j} \rangle}(\tau) e_{\mathbf{j}}^{s\langle \mathbf{j} \rangle}(\tau) \right| \leq C \varepsilon^{5-1/N},$$

where C is independent of ε and $0 \leq \tau \leq 1$, but depends on N .

Proof Consider first those terms in the sum defining $e_{\mathbf{j}}^{\pm\langle \mathbf{j} \rangle}$ where one of the \mathbf{k}_i ($i = 1, 2, 3$) is different from $\pm\langle \mathbf{j}_i \rangle$. These terms yield a contribution of magnitude $\mathcal{O}(\varepsilon^{5+\alpha})$ (with $\alpha = 1/N$) by the bounds of Lemma 5.2. Hence it remains to bound $\sum_{s \in \{-1,1\}} \sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} s \Omega_{\mathbf{j}} y_{-\mathbf{j}}^{-s\langle \mathbf{j} \rangle}(\tau) \widehat{e}_{\mathbf{j}}^{s\langle \mathbf{j} \rangle}(\tau)$, where

$$\widehat{e}_{\mathbf{j}}^{s\langle \mathbf{j} \rangle} = -a \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 = \mathbf{j}} \sum_{\substack{(s_1, s_2, s_3) \\ |s_1 \Omega_{\mathbf{j}_1} + s_2 \Omega_{\mathbf{j}_2} + s_3 \Omega_{\mathbf{j}_3} - s \Omega_{\mathbf{j}}| < \varepsilon^{1-\alpha}}} y_{\mathbf{j}_1}^{s_1 \langle \mathbf{j}_1 \rangle} y_{\mathbf{j}_2}^{s_2 \langle \mathbf{j}_2 \rangle} y_{\mathbf{j}_3}^{s_3 \langle \mathbf{j}_3 \rangle},$$

where the sum is over $s_i \in \{-1, 1\}$ with the stated property. We then have, on formally setting $\mathbf{j}_4 = -\mathbf{j}$ and $s_4 = -s$, and on using the symmetry of the expression in the second line,

$$\begin{aligned} & \sum_{s \in \{-1,1\}} \sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} s \Omega_{\mathbf{j}} y_{-\mathbf{j}}^{-s\langle \mathbf{j} \rangle}(\tau) \widehat{e}_{\mathbf{j}}^{s\langle \mathbf{j} \rangle}(\tau) \\ &= a \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 + \mathbf{j}_4 = \mathbf{0}} \sum_{\substack{(s_1, s_2, s_3, s_4) \\ |s_1 \Omega_{\mathbf{j}_1} + s_2 \Omega_{\mathbf{j}_2} + s_3 \Omega_{\mathbf{j}_3} + s_4 \Omega_{\mathbf{j}_4}| < \varepsilon^{1-\alpha}}} s_4 \Omega_{\mathbf{j}_4} y_{\mathbf{j}_1}^{s_1 \langle \mathbf{j}_1 \rangle} y_{\mathbf{j}_2}^{s_2 \langle \mathbf{j}_2 \rangle} y_{\mathbf{j}_3}^{s_3 \langle \mathbf{j}_3 \rangle} y_{\mathbf{j}_4}^{s_4 \langle \mathbf{j}_4 \rangle} \\ &= \frac{a}{4} \sum_{\mathbf{j}_1 + \mathbf{j}_2 + \mathbf{j}_3 + \mathbf{j}_4 = \mathbf{0}} \sum_{\substack{(s_1, s_2, s_3, s_4) \\ |s_1 \Omega_{\mathbf{j}_1} + s_2 \Omega_{\mathbf{j}_2} + s_3 \Omega_{\mathbf{j}_3} + s_4 \Omega_{\mathbf{j}_4}| < \varepsilon^{1-\alpha}}} \left(\sum_{i=1}^4 s_i \Omega_{\mathbf{j}_i} \right) \prod_{i=1}^4 y_{\mathbf{j}_i}^{s_i \langle \mathbf{j}_i \rangle}. \end{aligned}$$

Since $|\sum_{i=1}^4 s_i \Omega_{\mathbf{j}_i}| < \varepsilon^{1-\alpha}$ and $|\mathbf{y}|_{\text{diag}} = \mathcal{O}(\varepsilon)$, it follows with the Cauchy–Schwarz inequality and Lemma 5.1 that this expression is $\mathcal{O}(\varepsilon^{1-\alpha} \varepsilon^4)$, which yields the result. \square

Theorem 6.1 *Consider the expression*

$$\mathcal{I}(\mathbf{y}, \dot{\mathbf{y}}) = \varepsilon \sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \sum_{\mathbf{k} \in \mathcal{K}_{\mathbf{j}}} i(\mathbf{k} \cdot \boldsymbol{\omega}) y_{-\mathbf{j}}^{-\mathbf{k}} \dot{y}_{\mathbf{j}}^{\mathbf{k}}.$$

In the situation of Theorem 5.1, the functions $y_j^{\mathbf{k}}(\tau) = z_j^{\mathbf{k}}(\tau) e^{i(\mathbf{k} \cdot \boldsymbol{\omega})\phi(\tau)/\varepsilon}$ then satisfy, for $0 \leq \varepsilon t \leq 1$,

$$\frac{d}{dt} \mathcal{I}(\mathbf{y}(\varepsilon t), \dot{\mathbf{y}}(\varepsilon t)) = \mathcal{O}(\varepsilon^{5-1/N}) \quad (6.4)$$

and

$$\mathcal{I}(\mathbf{y}(\varepsilon t), \dot{\mathbf{y}}(\varepsilon t)) = 2c(\varepsilon t) \sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \Omega_{\mathbf{j}}^2 |z_{\mathbf{j}}^{(\mathbf{j})}(\varepsilon t)|^2 + \mathcal{O}(\varepsilon^3). \quad (6.5)$$

The constant symbolised by $\mathcal{O}(\cdot)$ depends on the truncation index N , but it is independent of $0 < \varepsilon \leq \varepsilon^*$ (with ε^* sufficiently small) and of t as long as $0 \leq \varepsilon t \leq 1$.

Proof The bound (6.4) is obtained by differentiation of $\mathcal{I}(\mathbf{y}(\varepsilon t), \dot{\mathbf{y}}(\varepsilon t))$ with respect to t and using (6.3) and Lemmas 6.1 and 6.2. The relation (6.5) is proved in the same way as the analogous relation in Theorem 4.1, using the bounds of Lemma 5.2. \square

6.2 Connection with the action of the wave equation

We consider the harmonic energy divided by the wave speed along the MFE $\tilde{u}(\mathbf{x}, t)$ of Theorem 5.1,

$$\begin{aligned} \tilde{I}(t) &= \frac{1}{2c(\varepsilon t)} \left(\|\partial_t \tilde{u}(\cdot, t)\|^2 + c(\varepsilon t)^2 \|\nabla_{\mathbf{x}} \tilde{u}(\cdot, t)\|^2 \right) \\ &= \frac{1}{2c(\varepsilon t)} \left(\sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \left| \frac{d}{dt} \tilde{u}_{\mathbf{j}}(t) \right|^2 + c(\varepsilon t)^2 \sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \Omega_{\mathbf{j}}^2 |\tilde{u}_{\mathbf{j}}(t)|^2 \right). \end{aligned}$$

The following result is proved in the same way as Lemma 4.1.

Lemma 6.3 *Let $\tilde{u}(\mathbf{x}, t)$ be the MFE of Theorem 5.1. Then,*

$$\tilde{I}(t) = 2c(\varepsilon t) \sum_{\mathbf{j} \in \mathbb{Z}^{*,3}} \Omega_{\mathbf{j}}^2 |z_{\mathbf{j}}^{(\mathbf{j})}(\varepsilon t)|^2 + \mathcal{O}(\varepsilon^3).$$

6.3 Transitions in the almost-invariant

The following result is obtained by the same arguments as in the proof of Lemma 4.2, using the construction of the MFE in Section 5.

Lemma 6.4 *Under the conditions of Theorem 5.1, let $z_j^{\mathbf{k}}(\tau)$ for $0 \leq \tau = \varepsilon t \leq 1$ be the coefficient functions of the MFE as in Theorem 5.1 for initial data $(u(\cdot, 0), \partial_t u(\cdot, 0))$, and let $y_j^{\mathbf{k}}(\tau) = z_j^{\mathbf{k}}(\tau) e^{i(\mathbf{k} \cdot \boldsymbol{\omega})\phi(\tau)/\varepsilon}$ and $\mathbf{y}(\tau) = (y_j^{\mathbf{k}}(\tau))$. Let further $\tilde{\mathbf{y}}(\tau) = (\tilde{y}_j^{\mathbf{k}}(\tau))$ be the corresponding functions of the MFE for $1 \leq \tau \leq 2$ to the initial data $(u(\cdot, \varepsilon^{-1}), \partial_t u(\cdot, \varepsilon^{-1}))$, constructed as in Theorem 5.1. Then,*

$$|\mathcal{I}(\mathbf{y}(1), \dot{\mathbf{y}}(1)) - \mathcal{I}(\tilde{\mathbf{y}}(1), \dot{\tilde{\mathbf{y}}}(1))| \leq C\varepsilon^{4-1/N},$$

where C is independent of ε .

6.4 Long-time conservation of the adiabatic invariant

In the same way as in Section 4.4 we obtain from Theorem 6.1 and Lemmas 6.3 and 6.4 that for $t \leq \kappa_N \varepsilon^{-3+1/N}$ with a sufficiently small κ_N ,

$$|I(t) - I(0)| \leq C_1 \varepsilon^3 + C_2 t \varepsilon^{5-1/N} \leq \varepsilon^2.$$

This yields the bound of Theorem 2.2.

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